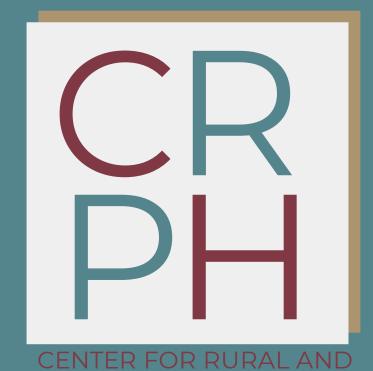


# Increasing Health Equity in Rural Communities: Is Telehealth an Applicable Option?



Anchee Nitschke Durben, Megan Weis, Joey Dockery, and Samantha Slinkard-Barnum

## BACKGROUND

- The Center for Rural and Primary Healthcare (CRPH)
   currently partners with 8 library systems to increase health
   equity in rural communities
- Services currently offered include fresh produce, stationed community health worker/social workers to connect patrons to services, home visits to expecting mothers and infant mental health services
- Telehealth was offered at one library, but community demand did not meet expectations from the formative research
- Current literature only provides the library or health system perspectives
- Statewide telehealth appointments are growing, in 2020 there were almost 2 million telehealth interactions
- Research Question: Do patrons want/ use telehealth services at their library?

### METHODS

- Reached out to library social and community health workers to identify health topics patrons were interested in and if patrons had previously asked about telehealth
- Utilized REDCap to administer and collect
- Shared survey through social media and flyers at partner libraries
- Convenience Sample
- Tabled survey at partner libraries and asked patrons to participate
- Utilized Microsoft Excel to summarize findings

## PARTICIPANT DEMOGRAPHICS

Average Age	Gender	Race
53 Years	32 Female	23 White 19 Black or African American

## GRAPHS AND FIGURES

## 45 Total Responses

3 excluded due to missing informed consent or underage

## 42 Responses Included

23 Patrons had previously used telehealth

19 Patrons had no previous telehealth experience

22 would use telehealth services at a library

1 would not use telehealth services at a library

12 would use telehealth services at a library

7 would not use telehealth services at a library

#### Patron Comfortability

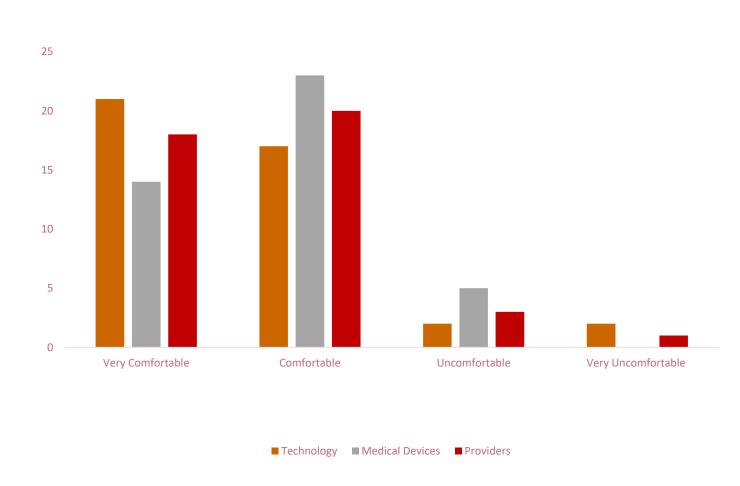


Figure 1. Participant comfortability with technology, medical devices, and talking with a provider at the library

## What Do Patrons Want to Talk About?

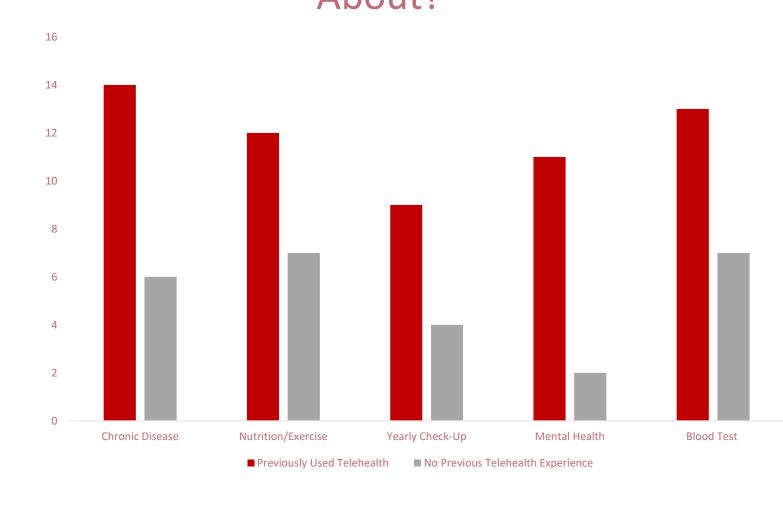


Figure 2. Health topics participants want to talk about with their provider

### RESULTS

- Majority of survey participants would use telehealth services if they were offered at their library
- Health topics patrons wanted to talk about with their health provider included: chronic diseases, nutrition/exercise, mental health, and blood test results
- Patrons who said they would use telehealth services in the library described their ideal space as a quiet room with internet access and help with medical devices and technology
- Main concern about using telehealth was privacy, "public space, too quiet. Private information could be assumed"
- Other reasons for not using telehealth at the library included: "Not comfortable using technology, if I was more comfortable using technology, I may use it" and access to computer/internet at home
- Participants who had previously used telehealth reported few barriers to successfully using telehealth
- "I love telehealth visits and their convenience"
- "I think it's a good idea to provide telehealth services for our community"

## LIMITATIONS

- Convenience sample
- Limited to 5 library systems, may not be representative of all library patrons
- Survey mostly older patrons, younger patrons could have different needs/preferences

## IMPLICATIONS & FUTURE WORK

- Telehealth services in rural libraries could be used to bridge the healthcare access gap in rural areas
- Identify solutions to increase digital literacy and confidence in using technology
- Future work could identify other community members to interview and identify solutions to privacy concerns

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